



# Centrum

## WOMEN MULTIGUMMIES

Supports energy, immunity,  
metabolism + healthy appearance\*\*



Assorted Natural Fruit Flavors  
**100 Gummies**  
Multivitamin/Multimineral Supplement

# Centrum

- No artificial flavors or sweeteners • Take with or without food or water • Gluten-free
- Contains no wheat, milk, soy, egg, peanut, tree nuts, fish or crustacean shellfish allergens

**SUGGESTED USE:** Adults: Take two (2) gummies daily. Do not exceed suggested use. Not formulated for use in children.

## Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 50

Amount Per Serving	% DV
Calories 10	
Total Carbohydrate 3 g	1%†
Total Sugars 2 g	*
Includes 2 g Added Sugars	4%†
Vitamin A 600 mcg	67%
Vitamin C 18 mg	20%
Vitamin D <sub>3</sub> 25 mcg (1,000 IU)	125%
Vitamin E 13.5 mg	90%
Vitamin B <sub>6</sub> 2 mg	118%
Folate 267 mcg DFE (160 mcg Folic Acid)	67%

Amount Per Serving	% DV
Vitamin B <sub>12</sub> 9 mcg	375%
Biotin 150 mcg	500%
Calcium 100 mg	8%
Iodine 40 mcg	27%
Zinc 2.5 mg	23%
Sodium 5 mg	<1%

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

\* Daily Value not established.

**INGREDIENTS:** Glucose Syrup, Sugar, Water, Tribasic Calcium Phosphate, Gelatin. **Contains <2%:** Annatto Seed Extract (color), Ascorbic Acid (Vit. C), Biotin, Carnauba Wax, Cholecalciferol (Vit. D<sub>3</sub>), Citric Acid, Citrus Pectin, Cyanocobalamin (Vit. B<sub>12</sub>), DL-alpha Tocopheryl Acetate (Vit. E), Folic Acid, Fruit and/or Vegetable Juice Concentrates (purple carrot, maqui berry) (color and/or flavor), Invert Sugar, Lactic Acid, Medium-Chain Triglycerides, Natural Flavors, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B<sub>6</sub>), Sodium Citrate, Sodium Lactate, Turmeric (color), Vitamin A Acetate, Zinc Sulfate.

Distributed by: GSK Consumer Healthcare, Warren, NJ 07059

### Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A.

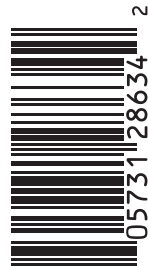
As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may change over time. This does not alter the product potency. Proudly manufactured in a GMP facility.

^ B-Vitamins support daily energy needs.\*  
Antioxidant vitamins C, E and zinc support normal immune function.\*  
B-Vitamins aid in the metabolism of fats, carbohydrates and proteins.\*  
Biotin, vitamins A, C and E help maintain healthy appearance.\*

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.  
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Questions? Comments? Call 1-877-CENTRUM (236-8786)  
For most recent product information, visit [www.centrum.com](http://www.centrum.com)

**\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



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