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Centrum

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MEN

IMMUNE SUPPORT*

250% daily value of vitamin C and zinc

Multivitamin/Multimineral Supplement

160 Tablets

SUGGESTED USE: Adults: Take two (2) tablets daily with food. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 80

Amount Per Serving	% DV
Vitamin A 1,050 mcg (29% as Beta-Carotene)	117%
Vitamin C 225 mg	250%
Vitamin D_3 25 mcg (1,000 IU)	125%
Vitamin E 20 mg	133%
Vitamin K 60 mcg	50%
Thiamin 1.2 mg	100%
Riboflavin 1.3 mg	100%
Niacin 16 mg	100%
Vitamin B_6 2 mg	118%
Folate 333 mcg DFE (200 mcg Folic Acid)	83%
Vitamin B_{12} 6 mcg	250%
Biotin 40 mcg	133%
Pantothenic Acid 15 mg	300%
Calcium 130 mg	10%
Iron 8 mg	44%
Phosphorus 20 mg	2%
Iodine 150 mcg	100%
Magnesium 100 mg	24%
Zinc 27.5 mg	250%
Selenium 100 mcg	182%
Copper 0.9 mg	100%
Manganese 2.3 mg	100%
Chromium 35 mcg	100%
Molybdenum 50 mcg	111%
Chloride 72 mg	3%
Potassium 80 mg	2%
Lycopene 600 mcg	*

*Daily Value (DV) not established.

INGREDIENTS: Calcium Carbonate, Ascorbic Acid (Vit. C), Magnesium Oxide, Potassium Chloride, Microcrystalline Cellulose, Dibasic Calcium Phosphate, DL-alpha Tocopheryl Acetate (Vit. E), Zinc Oxide. **Contains <2% of:** Beta-Carotene, Biotin, Calcium Pantothenate, Cholecalciferol (Vit. D_3), Chromium Picolinate, Copper Sulfate, Crospovidone, Cyanocobalamin (Vit. B_{12}), Ferrous Fumarate, Folic Acid, Lecithin (soy), Lycopene, Magnesium Stearate, Manganese Sulfate, Niacinamide, Phytonadione (Vit. K), Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B_6), Red 40 Lake, Riboflavin (Vit. B_2), Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B_1), Titanium Dioxide, Vitamin A Acetate, Yellow 6 Lake. **Contains:** Soy.

As with any supplement, if you are taking medication, consult your doctor before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

If taking other supplements, read label, since supplements may contain the same ingredient. Do not use with other zinc containing products.

Do not exceed suggested use.

Store at room temperature. Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Verified Non-GMO & Gluten Free!~

Questions? Comments?
Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

For US Patent or Application status see www.productpats.com.

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